



# EPISCOPAL HIGH SCHOOL

Dear Families,

As we prepare for the 2025-2026 academic year, please keep in mind the following important dates for Athletics. All student-athletes will be expected to meet their commitments to their teams on the important dates listed below. Throughout the year, students with personal conflicts with athletic obligations are expected to discuss the conflict with the Dean of Students as far in advance as possible. The Deans' Office, not individual coaches, is charged with the responsibility of addressing potential conflicts.

## **FALL SEASON**

**Saturday, August 16:** Early Return Football (boys)

**Sunday, August 24:** Early Return Cross Country (boys & girls), Field Hockey (girls), Soccer (boys & girls), Volleyball (girls), Tennis (girls)

**Monday, September 1:** Fall afternoon options begin for all students.

**Friday, September 5 - Sunday, September 7**

Community Weekend - no overnight leaves or day leaves

**Saturday, October 4, 2025**

16th Seminary Hill Cup hosted by Episcopal High School

*Friday Night is a Community Night, no day or overnight leaves*

*Saturday night overnight leaves begin after SHC ends at 8:30 p.m.*

*Sunday students can take day leaves all day until sign in*

**Friday, October 11 - Monday, October 13**

Fall Long Weekend (No afternoon options Friday, October 10)

*\*All varsity teams will practice from 4:00pm-6:00pm on Monday, October 13*

**Friday, October 24 - Saturday, October 25**

Fall Family Weekend - athletic competitions will be held on Friday and Saturday

*\*(Friday Night Lights at EHS Friday, October 24: Varsity Field Hockey vs Flint Hill followed by Varsity Football vs Landon)*

**Friday, November 7 - Saturday, November 8**

Spirit Weekend: No overnight or day leaves on Friday, November 7

**Saturday, November 8**

Episcopal v Woodberry Forest Football Game at Woodberry Forest 1:00pm

**WINTER SEASON**

**Saturday, November 29**

Thanksgiving Break Early Return for select varsity teams: Basketball (boys & girls)

Return by 2:00 p.m. *\*All team members (except for team managers) are expected to attend*

**Friday, December 12 - Sunday, December 14**

Community Weekend - no overnight leaves or day leaves

**Saturday, December 20**

Campus closes at 5:00 p.m. for winter break

*\* Boys' varsity basketball, girls' varsity basketball, and wrestling will compete the weekend of December 19-21. Please check with the head coach for each individual team regarding plans for each program.*

**Sunday, January 4**

Winter Break Early Return for select varsity teams: Basketball (boys & girls), Wrestling

Return by 2:00 p.m.

*\*All team members (except for team managers) are expected to attend*

**Friday, January 16 - Sunday, January 18**

Community Weekend - no overnight leaves or day leaves

**Friday, January 23 - Monday, January 26**

Mid-Winter Long Weekend

No afternoon practices or games on Friday, January 23rd, with the following exceptions:

- Varsity boys' basketball will compete Friday, January 23

**Monday, January 26**

Mandatory varsity team practices from 4:00 to 6:00 p.m. for boys' and girls' basketball, wrestling, and select members of the indoor track and field team. No lower level team practices.

*\*All team members (except for team managers) are expected to attend.*

**Friday, January 30 - Sunday, February 1**

Community Weekend - no overnight leaves or day leaves

**Saturday, February 28**

Campus closes at 5:00 p.m. for spring break

VISAA Finals for boys' basketball and girls' basketball (times and locations TBD)

## **SPRING SEASON**

### **SPRING BREAK**

Various departures for off-campus spring break training trips for spring teams as early as Sunday, March 8th. *\*Followed by on-campus training through traditional student return beginning as early as Friday, March 13.* Questions about spring break training trips should be directed to Director of Athletics Jen Fitzpatrick at [JSF@episcopalhighschool.org](mailto:JSF@episcopalhighschool.org)

#### **Friday, March 20 - Sunday, March 22**

Community Weekend - no overnight leaves or day leaves

#### **Friday, April 4**

Good Friday: no afternoon athletic commitments

#### **Monday, April 6**

Mandatory varsity team practices 4:00 p.m. — 6:00 p.m. (with the exception of spring girls' tennis, track & field, ultimate frisbee). No lower level team practices.

*\*All team members (except for team managers) are expected to attend.*

#### **Friday, April 17 - Saturday, April 18**

Spring Family Weekend - athletic competitions will be held on Friday and Saturday

#### **Friday, April 24 - Sunday, April 26**

Community Weekend - no overnight leaves or day leaves

Please contact Director of Athletics Jen Fitzpatrick ([JSF@episcopalhighschool.org](mailto:JSF@episcopalhighschool.org)) with any questions or concerns.

Go Maroon!